

**Rappahannock-Rapidan Community Services Board and Area Agency on Aging
P.O. Box 1568
Culpeper, Virginia 22701
540-825-3100**

**LOCAL HUMAN RIGHTS COMMITTEE DRAFT MINUTES
July 25, 2006**

Present: Mary Jolly and Hal McDermott

Excused: Ramsey Woods and Allen Ward

Absent : Laura Rogers and Carole Sue Graves

Guests

Present: Melanie Edwards, Operations Manager, Family Preservation Services, Inc.; George Knoerlein, Director of Resources and Employee Relations, Deep Run Lodge a Program of Vanguard Services Unlimited; Dawn Klemann, possible member for the LHRC; and Melissa DeDomenico-Payne, possible member for the LHRC

Also

Present: Brian Duncan, Executive Director, RRCSB-AAA; Jim Bernat, Quality Analyst, RRCSB-AAA; Paula Benenson, Administrative Assistant, RRCSB-AAA; Chuck Collins, Regional Advocate & Human Rights Consultant; and Mark Seymour, Children's Advocate & Human Rights Consultant

- 1. Call to order - Mary Jolly, LHRC Chair, called the meeting to order at 1:30 p.m.**
- 2. Additions or Deletions to the Agenda - There was one correction to the Agenda. Melanie Edwards, Operations Manager, Family Preservation Services, Inc., will be providing the Program update.**
- 3. Approval of the April 24, 2006 Minutes - Corrections were made to the minutes. However, since there was not a quorum these minutes were deferred to the October 24, 2006 meeting.**
- 4. Presentation by Affiliates - Family Preservation Services, Inc., Melanie Edwards -
Overview: Since its inception in 1992, Family Preservation Services (FPS) has specialized in nonresidential community-based services.**
 - ▶ FPS has gained a national reputation for its dedication to providing innovative and effective services to assist in the preservation of families.**
 - ▶ FPS currently provides services in Virginia, West Virginia, Maine, North Carolina, South Carolina, Florida, Delaware, and the District of Columbia**
 - ▶ The mission of FPS is to collaborate with and support community agencies in their**

efforts to reduce out-of-home placement, strengthen families and provide youth opportunities to develop skills, enabling them to become productive, contributing members of their communities.

- ▶ **In-Home Services** utilize a multi-systemic approach in planning and implementing individualized services. Treatment may include intensive in-home services, home-based counseling with client and family, 24-hour crisis intervention services, life skills training, case management, and substance abuse treatment. Services range from short-term intensive to long-term support.
- ▶ **Therapeutic Mentoring/Counseling/Life Skills** - Therapeutic mentors are positive adult role models who assist to increase positive social behavior, decrease involvement with the legal system and to help youths become more interested, connected, and responsible members of their communities.
- ▶ **School Based/Day Treatment Programs** - FPS develops structured school-based treatment services to respond to educational needs assessments and individual education plans. FPS operates programs in collaboration with school, local communities, and mental health providers. Services are provided within a highly structured setting and daily schedule.
- ▶ **Virtual Residential Program (VRP)** - The Virtual Residential Program is a distinctive and effective service that unites highly intensive, multi-systemic in home services with the structure of a residential approach. The average intensity of VRP services initially is 35 hours per week, with focus on defusing imminent risk factors and implementing crisis stabilization plans. Step-down services are available to transition families toward less restrictive services at the earliest possible opportunity.
- ▶ **Adolescent Sex Offender program (ASOP)** - This program is a multi-systemic, community-based treatment alternative which focuses on the treatment of sexually abusive behavior patterns within the context of family and community. ASOP offers a comprehensive community-based treatment model focused on public safety, family trauma, personal responsibilities and relapse prevention. Individualized services are planned and assessed from a developmental context and include individual, family, and community interventions.
- ▶ **Family Preservation Services, Inc.**, accepts referrals from: Comprehensive Services Act (CSA); Parole Services (294); Medicaid; Court Services Units (VJCCCA); Department of Social Services; Schools; adoption Subsidies; and other sources.

Presentation by Affiliates - Deep Run Lodge a Program of Vanguard Unlimited, A residential treatment center helping teenagers with drug and alcohol disorders get the assistance they need George Knoerlein -

- ▶ **Founded in 1990, 20-bed facility for girls ages 13-18. The girls campus is located in woodland, surrounded by Deep Run Creek in Fauquier County, 8-bed facility for boys ages 14-17 is located several miles away from the girl's campus also in Fauquier County, Open year-round, 24-hour/day, Diagnostic substance abuse assessment, Individualized treatment plans, Group counseling, Individual and family counseling, Random drug testing, Parent education seminars, licensed on-site**

school program, Adventure based, self-esteem building activities, Continuity of care from intake to treatment, CARF-accredited

- ▶ **At Deep Run Lodge, they help teenage clients understand addiction and its harmful consequences, develop their own recovery resources and tools, and use their personal tools to change habits and behavior.**
- ▶ **To meet the special needs of each client they serve, treatment is comprehensive and based on a disease model approach.**
- ▶ **Treatment typically runs for approximately three months, though length of stay is based on an individual's program and clinical condition.**
- ▶ **Certified counselors employ a traditional 12-step model on Alcoholics and Narcotics Anonymous and individual and group counseling.**
- ▶ **Counseling is behavior management focused, with teen clients learning how to assume personal responsibility for their recovery**
- ▶ **Deep Run Lodge emphasizes family involvement. Family members are encouraged to attend a family program activity at least once during their child's treatment.**
- ▶ **Families meet together once a week as part of the treatment process so parents and guardians can learn about chemical dependency, intervention, techniques, the demands of recovery and available resources in the community as well as receive support and ideas from other families. Family members can also meet with counselors in private.**
- ▶ **During treatment, every parent or guardian receives weekly progress reports from their child's primary counselor**
- ▶ **Admissions/Eligibility - a staff member will set up an assessment appointment, generally within one day. Phone screening available, as appropriate.**
- ▶ **Same day admissions.**
- ▶ **Candidates are most often referred by parents, school, doctors, or therapists**
- ▶ **Deep Run Lodge has a 67 percent success rate, based on a study of graduates three months after leaving treatment.**
- ▶ **Deep Run Lodge graduates successfully leave drugs and alcohol behind and become health and happy young adults. Some of them even choose to become addiction counselors in order to make a difference in the lives of others.**

5. Human Rights Announcement - Chuck Collins

- ▶ **Human Rights Regulations - it is unknown when we might have some new regulations. They have not yet come out of the Governor's office. Once they do, there would then be a 60-day Public Comment period. The current Regulations remain in effect.**
- ▶ **The LHRC Seminar discussed at the last meeting will not be taking place in September**
- ▶ **On June 20 Chuck provided Human Rights training to all affiliates of the RRCSB-AAA. Mary Jolly, LHRC Chair was also in attendance.**
- ▶ **Chuck stated that he would be doing Human Rights training at each CSB twice a year. New members of LHRC would also be invited.**
- ▶ **Chuck stated that he stopped by the Club House (Visions) before coming to today's**

meeting. He met the new Program Director, Terri Buckman. He also met with consumers one wanted advice and one wanted a reference for a job.

6. **Report of Human Rights Activities for RRCSB-AAA for the Period 4/25/06-7/24/06 - Jim Bernat, Quality Analyst provided the following information for the above period:**
 - ▶ **Training - New Employee Orientation on Privacy - six training events to 24 participants; New Employee Orientation on Human Rights - two training events to 15 participants; and General Human Rights - one training event to six participants; Summary of Events: 9; Summary of Participants: 45.**
 - ▶ **Complaints - There were three Informal complaints. All three were resolved. Complaints - There were two Formal complaints. Both of these were resolved. Allegations of Abuse/Neglect/Exploitation - There were five complaints. There were two which were Founded; two which were Not Founded; and one is Pending.**
7. **Update/Announcements by Brian Duncan, Executive Director, RRCSB-AAA**
 - ▶ **All LHRC Affiliation Agreements and Fees for 2006 have been returned.**
 - ▶ **We will be getting the Affiliation Agreements for 2007 ready to go by November/December 2006.**
 - ▶ **The revised By-Laws to conform with the SHRC is ready for distribution to LHRC members. Please destroy all previous versions of this document.**
 - ▶ **At the October LHRC Meeting presentation will be made by Lisa McPherson of Blue Ridge Home and Debra Moore & Sallie Twentey of Counseling Intervention, Inc.**
 - ▶ **A significant amount of new money will be coming into this Region for the development of new services and programs typically oriented around residential services for individuals with long-term mental illness. Many of these individuals are currently receiving services at Western State Hospital (WSH). Health Planning Region is getting approximately \$6.5 million to develop some new programs. Each Board is developing some new residential, crisis intervention, and stabilization programs to on line in Fiscal 2007. There will be further development of more intense programs in our communities to provide acute care intervention in mental health emergencies. This means that individuals who were traditionally being served in an inpatient setting are going to be treated in the communities in group home type models which are in supported living arrangements. These individuals are presenting with significant supervision needs. This new money coming into the Region is specifically related to managing crisis in the community and WSH.**
8. **Interviews for New Committee Members - Chuck Collins & Committee**
Melissa A. DeDomenico-Payne, Executive Director SAFE
 - ▶ **M.A. Psychological Services - Counseling; BA English, B. S. Psychology**
 - ▶ **1994-1996 worked at Grafton 1996 -1997 worked at Northwestern Community**

Services Board as the Adult Day Health Coordinator; worked with children and adults with serious MH and MR disabilities 1995 (has worked in domestic violence/sexual assault centers, where clients often have MH, MR, SA issues).

- ▶ She feels good about contributing to the community in order to protect the rights of our vulnerable citizens. Believes that she will gain education and experience that will lead to her own growth.
- ▶ She anticipates being able to commit to attending the meetings. Challenges would be getting up to speed on the activities of the Committee.

Dawn Klemann - State of Virginia Department of Juvenile Justice, Culpeper Juvenile Correction Center in Mitchells, Virginia since 2005

- ▶ Bachelors in Psychology
- ▶ Licensed Clinical Psychologist
- ▶ Masters and Doctorate in Clinical Psychology
- ▶ Has multiple experience in Mental Health hospitals, community agencies, private practice, day treatment programs, services in the schools and in corrections primarily with children and adolescents.
- ▶ Certified sex offender counselor.
- ▶ She sees this as an opportunity to serve her community using her strengths.

Following the interviews, Chuck stated that he would have no problem recommending both of these ladies for appointment to the LHRC. A brief discussion was held about changing the By-Laws in order to have more individuals on the LHRC. There are many times when the Committee does not have a quorum and additional members would help alleviate that issue. Chuck stated that he would take care of this and he will submit both Melissa and Dawn's names to the SHRC for approval.

The next LHRC Committee will be on Tuesday, October 24, 2006, at 1:30 p.m. at the Bradford Road Office, Room B.

There being no further business, the meeting adjourned at 3:30 p.m.